

WORD OF MOUTH

GO BOLD

Find your perfect travel buddy in a piece from Shazé's new line, *Go Bold*. Match that smile with a necklace of colourful beads, semi-precious stones and golden shells. These accessories are versatile enough to dress up or play down any outfit—whether you're looking to dazzle or go casual, these are your new best friends. (shaze.in; from ₹10,000)

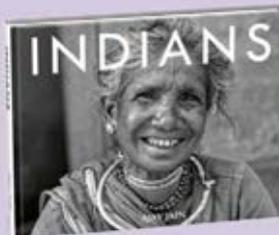
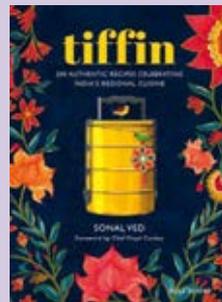
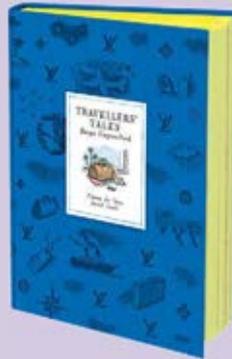


RELAX IN RAJASTHAN

The new spa at Narendra Bhawan, Bikaner is a wondrous blend of Western technique and Eastern healing. Inspired by the Bach Flower Therapy, treatments at Clinic—The Spa use flower and plant extracts to relieve emotional stress and revitalise the body. When applied in tandem with vascular therapies modelled on the state-of-the-art BEMER technology, they heal both inside and out. (narendrabhawan.com; doubles from ₹8,000)

WHAT'S ON OUR READING LIST

Below: *Traveller's Tales—Bags Unpacked* (Thames & Hudson; ₹7,100) features texts by Bertil Scali; *Tiffin* (Roli Books; ₹1,875) by Sonal Ved features hundreds of recipes from across India; *Indians* (Kunzum; ₹1,400) by Ajay Jain is a black-and-white photo essay that showcases the country's cultures, communities, landscapes and histories



TOP BEAUTY PICKS

What to bring back from your travels

ITALY

Fissan Pasta di Fissan:

This can be used for rashes and skin irritations for all ages.

Acqua Distillata Alle

Rose: aside from the beautiful packaging and divine smell, this distilled rose water is a brilliant hydrating hit after cleansing.



RUSSIA

Spasatel Balm:

Who knew the Russians make the most effective mosquito-bite cream?

SPAIN

Gel Vaseline Neutra Perfumada:

British make-up artist Charlotte Tilbury's favourite Vaseline, which she buys when in Ibiza and slicks on as a base before applying lipstick.

GERMANY

Dado Sens ExtroDerm Cream:

All the top clinics in Germany recommend it post-surgery to speed up healing.



PORTUGAL

Ignae Enriched

Regenerating Serum:

Made with ingredients from the Azores, this face cream is worth a ticket to Portugal.

FRANCE

Boiron Homéoptique Eye Drops:

They're chemical-free, so you can also use them while wearing your contact lenses.

Biafine: This excellent burn cream takes away redness from the most sun-scorched skin overnight.

GREECE

Bioselect Shampoo:

An organic formula containing dictamella, a plant that only grows on the mountains of Crete. Its voluminous powers need to be seen to be believed.

ROMANIA

Gerovital H3 Evolution

Hyaluronic Acid Ampoules: The key ingredient was banned in the USA, but these ampoules are Romania's answer to the fountain of youth.